

## BLESSED ARE THE SORROWFUL

*In the Process of Grief... They Shall Be Healed*

And what does it mean to mourn? I asked the multitude, and an elder stepped forward. To mourn, he said is to be given a second heart. It is to care so deeply that you show your ache in person.

To mourn is to not be ashamed of the tears. It is to be broken, to be built up and to be healed all in the same moment.

Blessed are you if you can minister to others with an understanding of your own broken being. Blessed are you if you have a heart that feels, a heart that hurts and a heart that loves. And blessed are you if you can minister to others with a heart that serves—and a heart that sees the need before it's spoken.

To mourn is to forget yourself for a moment and to get lost in someone else's pain—and then to find yourself in the very act of getting lost.

To mourn is to be an expert in the miracle of being careful with another's pain. It is to be full of willingness of forever reaching out to and picking up and holding carefully those who hurt.

To mourn is to sing with the dying and to be healed by the song and by the death. To mourn is to move forward and to look back.

To mourn is to say YES!



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We live not for ourselves. We die not for ourselves.  
We live and we die for God our Lord,  
to Him we belong.



## Mass of Christian Burial for Carmela Ciampa

11 August 2010

Sacred Heart Parish  
NORTH QUINCY • SQUANTUM, MASSACHUSETTS

## Gathering Rite

**Opening Song:** #686 Here I Am, Lord **STAND**

### Greeting of the Body

*Pallbearers:*

*Frank Mazzulli, Joseph Lazarz, Alex Lazarz,  
Billy Sutherland, Stanley Yang*

### Placing of the Pall

### Opening Prayer

## Liturgy of the Word

**Old Testament Reading:** Daniel 12:1-3 **SIT**

**Psalm 91:** #611 On Eagle's Wings

**New Testament Reading:** Romans 14:7-9,10B-12

**Gospel Acclamation:** *repeat after the cantor* **STAND**

### Gospel Proclamation

**Homily** **SIT**

**General Intercessions:** Lord, hear our prayer **STAND**

## Liturgy of the Eucharist

**Preparation of the Gifts:** Ave Maria **SIT**

*The gifts of bread and wine are presented by  
Renee and Alex Lazarz*

### Eucharistic Prayer

**KNEEL**

### The Lord's Prayer

**STAND**

**Breaking of the Bread:** Lamb of God...

**Communion Song:** #814 Taste and See

### Communion Thanksgiving

**SIT**

**Prayer after Communion** **STAND**

## Final Commendation

**Invitation to Prayer** **STAND**

### Silent Prayer

**Song of Farewell:** #862 Saints of God

### Prayer of Commendation

**Procession to the  
Place of Committal:**

#528 Joyful, Joyful We Adore You

